



JANUARY 2026

DAILY OPTIONS:

Breakfast Daily Offerings: Assorted Cereals, Poptarts, Yogurt, String Cheese & Grahams; Fresh Fruit & Milk

Assorted Milk all meal periods

ACE'S CORNERBreakfast Prices

Paid: \$1.95

Reduced: \$0.30

Lunch Prices

Paid: \$2.55

Reduced: \$0.40



This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 SchoolDish				1
5 Winter Break : No School	6 Sausage, Egg & Cheese Burrito Fresh Orange & Fruit Juice A. Old Fashioned Patty Melt B. Corn Dog Tater Tots & Pickled Cucumbers Pears & Apple Juice	7 Sausage Muffin Applesauce & Orange Juice A. Mini Pancakes w/ Cheese Omelet B. BBQ Riblet Celery Sticks & Baby Carrots Warm Peaches & Grape Juice	8 Chocolate Crescent Banana & Fruit Juice A. Honey Stung Popcorn Chicken w/ Biscuit B. Grilled Cheese Spiral Fries & Broccoli Banana & Applesauce	2 9 Cinnamon Breakfast Bun Craisins & Apple Juice A. Cheese Pizza B. Three Cheese Salad w/ Breadstick Spinach Salad & Red Peppers Apple & Fruit Juice
12 Benefit Bar Apple Slices & Grape Juice A. Pizza Meatball Sub B. Popcorn Chicken w/ Breadstick C. LTO: Spicy Chicken & Street Corn Mac & Cheese Steamed Broccoli & Baby Carrots Mixed Fruit & Fruit Juice	13 Cheesy Bosco Stick Fresh Orange & Fruit Juice A. Sloppy Joe B. Taco Wedges C. LTO: Spicy Chicken & Street Corn Mac & Cheese Waffle Fries & Broccoli Pears & Apple Juice	14 Powdered Sugar Donut Applesauce & Orange Juice A. Spaghetti w/ Meat Sauce & Breadstick B. Chicken Nuggets w/ Breadstick C. LTO: Spicy Chicken & Street Corn Mac & Cheese Baked Beans & Celery Sticks Peaches & Grape Juice	15 Breakfast Pizza Banana & Fruit Juice A. Waffles w/ 2 Sausage Links B. Cheeseburger C. LTO: Spicy Chicken & Street Corn Mac & Cheese Red Pepper Strips & Ruby Rush Juice Banana & Applesauce	16 17 Mini Maple Pancakes Craisins & Apple Juice A. Pepperoni Pizza B. Italian Salad w/ Breadstick C. LTO: Spicy Chicken & Street Corn Mac & Cheese Cucumber Slices & Romaine Mix Apple & Fruit Juice
19 No School	20 Mini Cini's Fresh Orange & Fruit Juice A. Chicken Tenders w/ Garlic Knot & Sauce B. Cheeseburger Cooked Carrots & Fresh Broccoli Pears & Apple Juice	21 Chicken Patty Biscuit Sandwich Applesauce & Orange Juice A. Chicken Patty Sandwich B. Italian Salad w/ Breadstick Pinto Beans & Zucchini Peaches & Grape Juice	22 Blueberry Waffles Banana & Fruit Juice A. Hot Dog B. Grilled Cheese Mix Veg & Celery Sticks Banana & Applesauce	23 24 Apple Cinnamon Breakfast Round Craisins & Apple Juice A. Cheese Pizza B. Popcorn Chicken Salad w/ Breadstick Spinach Salad & Baby Carrots Apple & Fruit Juice
26 Bagel w/ Cream Cheese Apple Slices & Grape Juice A. Cheeseburger B. MYO Flatbread Pizza Mashed Potatoes w/ Gravy & Broccoli Mixed Fruit & Fruit Juice	27 Breakfast Pizza Fresh Orange & Fruit Juice A. Chicken Patty Sliders B. Grilled Cheese Corn & Red Pepper Strips Pears & Apple Juice	28 Cinnamon Bun Crackers Applesauce & Orange Juice A. Orange Chicken w/Rice B. Maxx Sticks w/ Sauce Mixed Veg & Edamame Peaches & Grape Juice	29 Apple Frudel Banana & Fruit Juice A. French Toast w/ Sausage B. Hot Dog Celery Sticks & Ruby Rush Juice Warm Apples & Banana	30 National Croissant Day! Egg & Cheese Croissant Craisins & Apple Juice A. Pepperoni Pizza B. All-American Salad w/ Breadstick Spinach Salad & Baby Carrots Apple & Fruit Juice



EATING THE RAINBOW

A colorful variety on your plate is more than just a feast for the eyes; it's a good choice nutritionally. You might remember learning about Roy G. Biv—red, orange, yellow, green, blue, indigo, and violet—an acronym for the colors of the rainbow. In the world of food, we can also add in pink, white, tan, dark brown, and black to that rainbow of colors. Each color signals a range of health benefits that we will explore together.

CHALLENGE OF THE MONTH: GARDEN YOGA

Yoga is a great way to stretch and be mindful of your body and the world around you. Be sure to take deep breaths in each pose.



BE A FROG

Lower down into a squat with your knees apart and arms resting between your knees. Touch your hands to the ground. Jump like a frog.



BE A TREE

Stand on one leg. Bend the other knee and place the sole of your foot on your inner thigh. Sway like a tree in the breeze. Repeat with other leg.



BE A BUTTERFLY

Sit with your spine straight. Bend your legs with the soles of your feet together. Flap your legs like the wings of a butterfly.

ACE'S RECIPE OF THE MONTH:

RAINBOW FLATBREAD PIZZA*



INGREDIENTS:

1 package (2 pieces) of Stonefire naan
1/2 cup of pizza sauce
1/2 cup of shredded Mozzarella cheese
4 cups of chopped colorful veggies (such as broccoli, green peppers, yellow peppers, grape tomatoes, and thinly sliced purple potatoes)
2 tsp. of olive oil
1 tsp. of Italian seasonings

PREPARATION:

1. Preheat the oven to 425°F and put both naan pieces side by side on the baking sheet. Use a spoon to evenly spread the pizza sauce between the two.
2. Sprinkle the cheese on top of the sauce and layer the veggies in a rainbow pattern on top of the cheese.
3. Drizzle a bit of olive oil on each and then sprinkle on Italian seasoning.
4. Bake for about 20 minutes, or until veggies are cooked and the crust is slightly golden. Wait a few minutes for it to cool and enjoy!

DIG IN WITH MONTHLY DISCOVERIES

Be sure to check out each month's Discover spotlight to try a vibrant fruit or veggie that showcases the delicious potential of nature's bounty.

